



# CQ<sup>+</sup>

## De-escalating Polarisation in Europe

### Newsletter No. 1

CQ+ is an Erasmus+ project aiming to **address racism and polarisation in Europe** by supporting adult learners of all ages, abilities, professions, and backgrounds to **develop their cultural intelligence** and respect for diversity.

### Why CQ+?

Today's societies are more multicultural than ever, which means that we all need to be better at understanding and operating in a wide variety of cultures in order to interact more effectively. Cultural Intelligence, or CQ, is a globally recognised way of assessing and improving effectiveness in culturally diverse situations.



This situation highlights the persistent need to develop specific, targeted and engaging educational materials to support citizens, adult learners, and at-risk adults, including young people, to develop their cultural intelligence and counteract the rise in racism, bigotry, and prejudice.

The CQ+ project will develop innovative and creative educational materials, to help adult learners develop their cultural intelligence and contribute to the fight against polarization in Europe. More specifically, CQ+ will address the needs of adult learners and adult educators by developing a comprehensive education intervention that provides in-service training for adult educators and a toolkit of online learning resources that learners can use at a time and in a format that meets their learning needs.



“Cultural Intelligence is the ability to relate and work effectively with people from different cultural backgrounds, and it goes beyond the notions of cultural sensitivity and awareness to focus on certain skill sets and capabilities.”

## Project results

- A CQ+ Toolkit of Interactive Infographics for building cultural intelligence
- An In-service Training Programme for front-line Adult Educators that will develop their pedagogic practice and didactic skills to facilitate learning in multi-cultural and digitised learning environments
- A CQ+ MOOC and Community of Practice that will ensure the project results are widely available to significant sectors of adult education and opportunities for Pan-European collaboration are fostered.

## Project Partners

The organisations working together on the project are Blenders and The SquareDot team (Belgium), Spectrum Research Centre (Ireland), KMOP (Greece), Skills Elevation FHB (Germany), Dante (Croatia), Postal 3 (Spain) and Speha Fresia (Italy). For more info you can contact us at [www.cqplus.eu](http://www.cqplus.eu).

