



# CQ+

De-escalating Polarisation  
in Europe

## Newsletter No. 3

### *Building Cultural Intelligence for Diversity and Inclusion*

The CQ+ project is an Erasmus+ initiative aimed at supporting adult learners in developing cultural intelligence and promoting diversity and inclusion.

## All the latest project updates!

### Highlights from Our 2<sup>nd</sup> CQ+ Training in Berlin



Our second CQ+ training event was held in **multicultural Berlin from 13 to 15 June 2023**. Participants from Germany, Belgium, Italy, Greece, Spain, and Croatia took part in the 3day event that delved into cultural intelligence, providing valuable feedback and insights into the project's resources. Engaging brainstorming sessions and practical

activities tackled subjects like cultural intolerance, polarization, and online learning, fostering cultural exchange and best practice sharing among various European countries. An extra-curricular group boat tour made this cultural experience even more memorable, allowing participants to explore the city and immerse themselves in German culture along the picturesque river Spree, making the entire learning journey even more enriching.

To watch the participants' testimonials, follow us on [LinkedIn](#) & [Facebook](#)!





## The Toolkit of Interactive Infographics is Ready!

The 20 interactive infographics are ready to be scanned:

<https://cqplusmooc.eu/>

Here's a quick breakdown of what each of the 20 interactive infographics cover:

- **My Cultural Bias** – Self-assessing our own cultural bias and intolerance
- **My Culture, My Perspective** – Addressing how our culture and our cultural values impact how we view and interpret the world, and other cultures
- **Cultural Awareness and Appreciation** – Promoting unique perspectives and lessons that we can learn from different cultures
- **Intercultural Partnerships** – Assisting learners to work in multi-cultural environments and to reflect on how we speak, act and interact in such environments



## What's next?

We are now gearing up for the next steps of the CQ+ project, which include:

- **In-service Training Programme for Front-line Adult Educators** is almost ready! This programme for front-line adult educators includes a pedagogic practice and didactic skills to facilitate learning in multi-cultural and digitised learning environments.
- **CQ+ MOOC and Community of Practice** which will ensure the project results of CQ+ are widely available to significant sectors of adult education and opportunities for Pan-European collaboration are fostered and achieved.

We're excited about what's to come, and we can't wait to share more updates with you soon. Stay tuned!

<https://cqplus.eu/> | [facebook.com/cqerasmusproject](https://facebook.com/cqerasmusproject)  
<https://www.linkedin.com/showcase/cultural-quotient/>

